



SACRED HEART PARISH

Sunday 17th May 2026

Ascension of the Lord



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Vigil	Geraldine Hamilton, 1st Anniversary Mass
Sunday Masses: 9:30am:	Patricia Fitzpatrick, Anniversary Mass
11:30am:	Mary Clearkin, Anniversary Mass
Weekday Masses: Tuesday 7:00pm: Novena	Caitriona O'Neill, Month's Mind Mass
Wednesday 10.00am:	Roseleen & Malachy Quinn, Anniversary Mass

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~

Please contact the Parish Office to arrange.

~Upcoming Feast Days~

16th May
St Brendan of Clonfert

18th May
St John I

21st May
St Christopher Magallanes

~Recently Deceased~



Paddy Shannon
Betty Murray
Daniel Devlin
Rosina Noble
John Webb
Dominic Hopkins
Andrew Petticrew

Eternal rest grant unto them, O Lord

~Anniversaries~

Agnes & Christie Corner
Mary Gilsenan

Eternal rest grant unto them, O Lord

~Weekly Collection~

£1170.89

~Building Fund~

£349.60

The Parish Thanks You

~Baptisms~

Welcome into our community



Barra McBurney
Odhran Toal
Setanta Healy
Corleone Logan

~Sanctuary Candles~

Patricia Fitzpatrick
Linda Murphy Mathews
Lily Murphy
The Sherlock Family
Donna O'Halloran



A Donation of £5 per candle is greatly appreciated

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY



SACRED HEART NOVENA
We are very pleased to announce that Bishop Alan will celebrate Mass to begin The Sacred Heart Novena on Thursday 4th June at 10am Here in Sacred Heart Church.

Pope Leo's Prayer Intentions for 2026

May: That everyone might have food.

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.



CONGRATULATIONS TO ALL THE CHILDREN FROM CLIFTONVILLE INTEGRATED PRIMARY SCHOOL WHO MADE THEIR FIRST HOLY COMMUNION HERE IN SACRED HEART ON FRIDAY.

May the grace of this sacrament strengthen your faith and bring you closer to God each day



2026 Pilgrimage Season

A pilgrimage has a vital part to play in our life of faith, for it removes us from our daily routines, and gives us time and space to encounter God more deeply.
- Pope Leo XIII

Diocese of Down and Connor Three Day Pilgrimage

LED BY BISHOP ALAN MCGUCKIAN SJ AND JIM DEEDS

Friday 19th – Sunday 21st June 2026

Cost: £100pp

(Includes Island admission and bus transfers)

For further information and bookings contact:

NAME: Claire

Tel: 028 90690920

Email: pathwaystothefuture@downandconnor.org

LET GO, LET GOD (Surrender to Jesus). 1-Day Retreat Tobar Mhuire Retreat Centre Crossgar. Sat 6th June 10am – 4. pm. Registration (tea/coffee/biscuits) 9.40am. Morning Break (Tea/coffee/biscuits) & lunch provided. 3 Themed sessions, group discussions & time for individual reflection. £30 Stipend. To book a place (only 40 available) call 02844 830242 or call into Reception, 9.30am – 4.30pm, Monday – Friday. Please note you will be asked to provide your name, mobile and email details and if you will be attending 9.00am mass

Stanton Pregnancy Care Belfast will host an Information Afternoon Tea after 1pm Mass on Thursday 28th May 2026 at St. Mary's, Chapel Lane, Belfast. Donations will help provide support to women with unexpected pregnancies. All welcome. For more Information please call 028 9033 2882.

The Chosen—Friday mornings (May & June): The Belfast Jesuit Centre will host a weekly screening of the *The Chosen* (Season 1) Fridays at 10.45am, beginning 8th May and continuing through June. Tea/coffee at 10.45am—episode beginning 11am sharp, followed by a short Examen and discussion. Session ends at 12.15pm with option to remain for mass at 12.30pm. All welcome. To register visit: www.belfastjesuitcentre.co.uk



Sanctuary of Saint Patrick - Lough Derg
Pettigo, County Donegal, F94 PC60
+353 (0)71 9061518 @info@loughderg.org
www.loughderg.org

Encounter Weekend Donegal. Radisson Blu Hotel, Letterkenny, 6pm -10.30pm, Friday 5th & 9am -10.30pm, Saturday 6th June. Experience the presence of God through the celebration of the Sacraments, Spirit-led worship, inspiring talks, healing service, and fellowship. Be refreshed and empowered by the Holy Spirit and learn from the Saints how to live the lifestyle God intended you to live. Keynote Speakers: Patrick Reis: co-founder and Executive Director of Encounter Ministries USA & Fr. Patrick Gonyeau who serves with the U.S. Province of the Missionaries of the Precious Blood in Ohio. Bookings at <https://encounterschoolofministrydonegal.org/encounter-conference-donegal> For more info, email donegal@encounterschool.org.

St Peter's Catholic Cathedral Belfast

SUMMER SINGING COURSE

6-10 July 2026
5-day singing course for young people who want to improve their singing voice and musical skills.
For young people aged 8-16

To apply scan the QR code

Session 1: 9 AM to 12 PM
Session 2: 1 PM to 4 PM
Optional Session 3: 5 PM to 7 PM

Each session includes a break, with refreshments provided.

Now in our 6th year

- ✓ No singing experience needed
- ✓ Specialist vocal coaches
- ✓ Sessions arranged by voice type
- ✓ £50 for 5 day course
- ✓ £25 optional extra for advanced singers studying GCSE and A level

Book by 30th May
£30 for 5-day courses
1 year + 1

For more information email cathedralmusic@downandconnor.org

EUCCHARISTIC HEALING & BLESSING SERVICE

In St Matthews Church on 21st May at 7pm

Ignite Ireland Day Conference, guest speaker, Scott Hahn (USA), Saturday 23rd May, the Convention centre, Dublin. It is an event not to be missed. For more information and to book your ticket go to: www.dominicans.ie

Walk in the footsteps of our Patron Saint. St Patrick's Way Pilgrim Walk in Downpatrick with guide Mairead Sweeney on Sat 4 July and Martina Purdy/Elaine Kelly on Sat 8 August. Begin at the Centre with the fabulous 180° IMAX film of St Patrick. Price includes entrance fees, internal bus transfers, pilgrimage lunch at Saul Barn, stamped Camino passport and 6 mile pilgrimage walk finishing at Saint Patrick's grave. (Duration 9am-3pm, all for just £55) To book: 02844619000 or www.saintpatrickcentre.com

Summer Singing Course. If you know of any young person who would benefit from this course, please let the office know as the parish will pay the fees.

Anyone interested in joining the **Parish Safeguarding Committee**, please leave your name and contact details with the office.

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000	Al-Anon Family Groups 028 9068 2368
Samaritans anytime night or day 116 123	PIPS 0800 088 6042
St Vincent De Paul 028 90351561	Youth Education Health Advise 02890 757 809
Cancer Lifeline 028 90 351999	Diocesan Safeguarding Officer Philip O'Hara 07534 992 124
AA 02890351222	

Sacred Heart of Jesus, I place all my trust in Thee